Program Lockup

We’ve all had our computer lock up on us at one time or another.

What is usually happening is that there is one offending program that has locked up, creating a bottleneck for all of our other programs, seemingly locking up our entire computer.

Next time this happens, try this:
Press Ctrl+Alt+Del all at once, this will bring up an option to choose the Task Manager.

Task Manager shows you all the programs or applications running, maybe even showing you which one is not responding, click on the not responding program, then choose End Task, wait a few seconds and it will force the program to close, relieving the bottleneck and your other programs without shutting down and restarting your computer.

If this doesn’t work, then you can force the computer to shutdown by pressing the on/off button of your computer and holding it down for more than 4 seconds.